

CARD 1

The Richness Within

EACH OF US HAS WORLDS WITHIN US, ideas that swirl and dance, thoughts of depth and beauty, feelings about events in our lives, and in the life of the world, which often are never born into the world that lies beyond the border of the self. There are feelings deemed too strong, too sad, too difficult for others to hear. We do not want to be rejected or thought ill of, so we keep so much within. It is within our private moments that we can explore these ideas, let them be free, and see what can come of them.

This card is your sign to give some of the beautiful wealth of ideas and thoughts, all the words and feelings unspoken, their freedom at last. For with you now is a safe place, akin to this place where a Kitsune, in the form of a girl, allows her own creative and deep thoughts their release. And as they tumble about in their newfound freedom, she will find that they have purpose and value, meaning and life beyond that of her mind. Likewise, you too, Seeker, will now find a safe place to release, expand, share, and wonder out loud. You will permit yourself to open up and feel out loud. And although there will be sadness, and there will be feelings that so many others avoid, it is time for you to allow these feelings their moment to grow outside of yourself. All that you have held within is no longer taboo, no longer forbidden. It is part of the rich path of our humanity. And you are encouraged now to find a safe space, a safe friend, a nourishing place and environment, to speak the many wonders that lie within you into the world, and in so doing, enrich it beyond measure.



CARD 2

Acceptance

ACCEPTING ‘WHAT IS’ is a powerful way to step into your own creative force and be a part of what will be. For change is weaving its way within the world of the Kitsune, and while there is sadness at the fading of one season, there is a sense of gratitude for all that has been. Instead of lamenting deeply, this Kitsune shows us how to gracefully open our hands and let go of what now must

pass. This passing is not forever, it is simply for a time. But we are reminded with this card to allow whatever needs to leave now to go, and to stay within the moment of change and appreciate its gifts. Sense the change all about you, and allow yourself to become a part of the change – to be gracious and graceful in the acceptance, which is no passive thing, no weakness, and truly, not so much a surrender as an acknowledgement of the passing. It is presence, and recognition, and allowance.

This card can be of assistance to those of you who are unable to see the blessings and gifts within the transition, and to those of you who are rushing through the change, hoping rushing will help you cope. Take your time to savour the passing, just as this Kitsune is admiring and immersing themselves in the gifts of the autumn maples. Know that the acceptance of this impermanence brings a deep and lasting sweetness, a beauty that can uplift and strengthen you, and a place where you can now decide what it is you will change within yourself to match the change all about you. Take time to make adjustments to your own self – explore yourself and know what it is that can be enhanced and what can be left behind. There is a harvest to come at the end of this letting go, and the harvest will grant to you abundance, according to the depth of your own willingness to embrace the cyclic nature of this heavenly life upon Earth.



CARD 3

Tea Ceremony

IT IS TIME FOR YOU NOW, SEEKER, to quietly contemplate the inner and the outer life. Just as this Kitsune is taking part in a moment to revere the tea and dress carefully for the occasion, to savour the flavour and the aroma, to note the texture of the cup and to hear the water being poured into the cup, you too must now still the mind and bring yourself to an awareness of all that is about you, right in this moment, and all that lies within you. For

all around you are signs of the world that will not endure – the things we feel are so important. Look upon one or two of them now and contemplate that they will not be here always. Thus, the worry and the stress we force ourselves to endure in the service of the temporary and the impermanent is unnecessary. Give yourself this time out of time, a sacred moment, a transformation of awareness, and see what is about you. Note it. Now, turn your attention within, quietly, without criticism or praise, and observe who you are in this moment, and what you have become. Breathe quietly, and you will find a moment's peace amidst all the whirl of the world, and you will feel yourself stepping outside of the frenzy, and into a space where there is soul, where there is beauty, where there is timelessness.

From this moment, take some time to simplify some of your own life practices. Give away several possessions which are no longer used, worked with, or connected with. Make some space in your life for quiet, still contemplation. Reduce the drama that so many find compelling, and turn your heart and hands to the creation of harmony – a practise that can offer you so much peace. And, of course, you may wish to slowly, with great consciousness, drink a healing tea, all the while aware of its heat, its scent, its taste, and the colours and sounds all about you. Welcome back to your own five senses, the great gifts of the Spirit. Never see them again as less – for when they are appreciated and worked with, they are gateways to moments of sublime beauty, even enlightenment.