





This journal belongs to





## Introduction



This is a journal in which you can write and express your deepest secrets and know that they are protected. This is a sacred space. A sanctuary.

Dragons, often associated with treasure, are the eternal guardians of knowledge and of all that is sacred to you. Your thoughts, feelings, dreams, and aspirations are the treasure they protect. They understand that knowledge is power, and that the self-knowledge and self-awareness you gain through the honest expression of your deepest thoughts and feelings in writing, and reflection and contemplation on that writing, makes you truly powerful.

By knowing who you are, and what motivates you and inspires you, you can make powerful choices that can and do make dreams come true.

Allow the dragons to be your guides on your journey of undoing, being, and becoming. They will support and protect you, and in the shelter of their wings they will teach you to soar.

Blessings and love,

*Ravynne*





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