



# 1. Aine

## Reclaim Joy

The Celtic sun goddess and Irish faerie queen, Aine, is a powerful goddess of love, light, and fertility whose name means “melody” and “bright.” Her following is still strong in and around Limerick, Ireland, where she is worshiped during the summer solstice. She is associated with fire and water healing rites and is said to be the one who gives and takes away the vital spark of life. As such, she is also associated with death and transitions.

Known for her glow and radiant beauty, she is a goddess of nature and magick and the protectress of the fertility of all flora and fauna. Aine has a connection with lakes and wells that have remarkable curative properties, and on the night of the full moon, All Heal Night, rituals of healing are performed in her honor.

Aine gave birth to the first faerie-human children via her

numerous love affairs with men. She teaches us the meaning of love, about romantic love, and how to express lovemaking in a sacred yet playful manner.

### **AINE'S MESSAGE**

Are you feeling tired or bored with your life, job, or relationship? Are you settling into contentment but wish your life had more joy? Now is a good time to reclaim and restore your spirit of eagerness, adventure, and creativity. Only you can do this! Don't wait for others to join you or invite you – be proactive in seeking out and creating opportunities you enjoy. Harness the excitement you had as a child by engaging in activities that bring you laughter and allow you to explore new ways of seeing and being. It's easy to get too busy working, studying, taking care of family, and other responsibilities, but you need to make time to “play” in your own way.

There may be a new love interest in your life, or perhaps a current or previous romantic relationship will rejuvenate. Be playful and fully express how you feel. Celebrate your unique personality in everything you do, from how you choose to dress (be creative!) to how you live, love, and beyond.

### **CALL ON AINE**

- For romance spells and blessings for all your love relationships.
- For issues pertaining to nontraditional romantic relationships and marriages.
- For heightened libido.
- When life gets tedious and tiring, and you forget to engage in things that make you happy and excited like when you were a child.

- To reveal faeries and for faerie magick.
- For abundance, fertility, and bearing children.
- For keeping magickal vows.
- For environmentalism.

## ACTIVITIES AND RITUALS

- Explore new places and things to do.
- Delight in simple treats like a movie or a visit to your favorite restaurant.
- Allow yourself time to take a class or engage in a favorite hobby or fun project.
- Take a walk in nature and look for faeries and other elementals.
- Reread a story you loved as a child.
- Create a faerie garden.
- Light a bonfire or watch the sunset on the beach.
- Burn dried flower petals in a cauldron or kitchen pot for a plentiful harvest and physical wellness.

## AINE'S MAGNIFY YOUR JOY CARD SPREAD

**Card 1:** What is bringing me joy right now?

**Card 2:** Where is the connection that helps magnify the measure of joy in my life (what works)?

**Card 3:** Where is the disconnection (what is missing)?

**Card 4:** What do I need to focus on to bring more joy into my life?

**Card 5:** What is the gift (or lesson)?

## CREATING AN ALTAR FOR AINE

**Objects:** Faerie paintings and sculptures. Fairy lights, glitter-covered candles, and/or sparkly altar cloth. Small bowls of water with a sprinkle of glitter. Magick wands, mirrors, and gold and silver painted stones.

**Fruits, flowers, and herbs:** Acorns, apples, figs, oranges, rowan, and elderberries. Foxgloves, calendula, bluebells, daisies, violets, heliotropes, honeysuckle, and purple coneflowers (echinacea). Mint, eucalyptus, chamomile, comfrey, and mugwort.

**Incense and scented oils:** Rose, clover, and orange.

**Stones and crystals:** Rose quartz, calcite fairy stone, staurolite (fairy cross), fairy frost (devic) crystal, Herkimer diamond, and unakite.





## 2. Artemis

### Independence and Empowerment

Artemis is the Greek goddess of the hunt and the moon. Like the moon, she is known for illuminating the darkness; she shines her light on our individual paths. Known for her courageous choice to remain a virgin and hold fast to her fierce independence, Artemis is one of the most self-sufficient goddesses. She lived life on her own terms, comfortable both in solitude and in community. Though she refused to marry, she relied heavily on the love of family and friends, surrounding herself with a circle of female companions. Artemis enjoyed a fulfilling life in the mountains accompanied by her nymphs, deer, and her adored pack of hounds. Artemis' brother was born only a few days after she was born, yet she acted as her mother's doula during his birth. Thus, she is a goddess of childbirth and infants.

She is associated with the protection of all animals, children, and women, unmarried women especially. Artemis is not afraid to avenge injustice, and yet, she is one of the most compassionate goddesses. Artemis and her brother were both excellent hunters with the bow and arrow. They respected and honored the lives of the animals they hunted and often avenged the lives of those killed for the wrong reasons.

### **ARTEMIS' MESSAGE**

Do not be afraid to assert yourself. Be aware of your power as a divine creature. You are sufficient and capable of doing anything you set your mind to.

Be confident in yourself and find the courage to stand on your own two feet. This may be in reference to leaving your parents' or partner's home, being independent in business, or being emotionally independent. It is nice to have companionship and emotional support, but you don't need others to reach your goals and achieve your dreams. Have gratitude for the people who surround and believe in you. Most of all, know that you do not need a partner unless you want one. "Alone" is not the same as "lonely."

### **CALL ON ARTEMIS**

- To regain your sense of determination, when you are feeling disempowered and need to assert yourself.
- For help trusting your strength and instincts.
- When you need illumination on your path.
- For support in speaking about your needs and wants, and to advocate for your highest good.

- When you are scared and lonely.
- When you need protection.
- To help heal from broken friendships and open your heart to the possibilities of new relationships with women.
- If you are dealing with codependency and attachment issues.

## ACTIVITIES AND RITUALS

- Surround yourself with like-minded friends who accept you as you are and give you space and private time while being supportive.
- Spend time by yourself.
- Get to know yourself; do not be afraid to enforce your personal boundaries to help you feel secure while nurturing your independent spirit.
- Make healthy choices in ways that ground you.
- Spend time with animals, your pets, or volunteer at a shelter, and pay attention to the wild animals around you.

## ARTEMIS' BE EMPOWERED CARD SPREAD

**Card 1:** How do I feel about myself right now?

**Card 2:** How do I stay centered and empowered?

**Card 3:** What is empowering and supporting me at this moment?

## CREATING AN ALTAR FOR ARTEMIS

**Objects:** A white altar cloth and silver candles. Images and sculptures of bows and arrows, dogs, and all types of wild animals (especially deer and bears). White wine. Animal bones and fur.

**Fruits, flowers, and herbs:** Pinecones, mandarins, oranges, apples, and white grapes. Hyssop, wormwood, mugwort, and fennel.

**Incense and scented oils:** Wintergreen, sage, and myrrh incense. Oils of lemongrass, anise, spruce, bergamot, mandarin, ylang ylang, wintergreen, and juniper.

**Stones and crystals:** Pyrite, blue aventurine, ruby, garnet, obsidian, carnelian, Dalmatian stone, dragon's blood, and smoky quartz.

