



I. PLANT THE SEED OF A NEW TEMPLATE

Anastasia and the Ringing Cedars of Russia

*Do not feel obligated to follow the
dictates of society. Go against the grain.
Everything you need to succeed is within
you.*

This painting is my vision of the profound Vedrus master from the Siberian Taiga, Anastasia. She is the inspiration and subject of the remarkable *Ringing Cedars* series of books. Anastasia reveals the interconnectedness of all life and a template for harmonious living upon the earth. With her revolutionary vision for man in the twenty-first century, she rewrites history and explains how we are all divine beings. Edgar Cayce predicted that “out of Russia will come the hope of the world.”



2. BREAK FREE – REGAIN YOUR YOUTH AND FLY

An Cailleach Bhearra

Transcend time and space and all known boundaries. Adopt positive patterns that regenerate your body and initiate a new cycle of opportunity.

From the earliest times, the Cailleach has been venerated as the mother goddess of Ireland. In her triple goddess aspect, she is mother, maiden, and crone. In the painting, the goddess appears in the highest cairn in Ireland, called Slieve Gullion, located in County Armagh. On the horizon can be seen the cairn-topped hills of Slieve na Cailleach, in County Meath, which are also named in her honor. Sharing the top of the mountain is the magical Lake of All Healing. Around her cairn walls are glyphs, ancient and modern, depicting both the glory and destruction of nature. Aroused from her wintery sleep, she is transforming from the crone into the maiden of spring and is ready to fly into a new cycle of life.



3. REVEAL THE TRUTH THAT HAS LONG BEEN HIDDEN

Angel of Truth

Study ancient wisdom texts. Develop your intuition and psychic ability to access your higher destiny.

It is said that, according to a sonar scan, inside the Apprentice Pillar (sometimes called the Prince's Pillar) in Scotland's Rosslyn Chapel, there is a lead document tube holding an ancient scroll. What is written on it? Truth has a habit of changing consciousness, affecting society and acting as a catalyst for evolutionary leaps. The look of urgency on the angel's face offers a clear message that this document should be read and assimilated. She holds the scroll unfurled, with the keys of wisdom hanging down, ready to unlock and activate the DNA. The design on the pillar itself mirrors the DNA pattern. A dragon curls around the base of the pillar, symbolically protecting a treasure buried beneath.