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SUN ♦ SPIRIT

*There is a vitality, a life force,
an energy, a quickening, that is
translated through you into action,
and because there is only one of you
in all time, this expression is unique.*

—Martha Graham

The Sun is at the center of our lives just as it is, traditionally, in the astrological chart. This is why the placement of the Sun is the most significant. The Sun is our spirit, our personality. It represents (along with Uranus) the animating flash of life. The Sun signifies who we essentially are. It is also the need to express who we are. In ancient belief the Sun is Amen-Ra, the god among all gods, whose name leads to “amen,” the word at the end of a prayer.

The sun rules over the condition of our bodies. It is the return to light, the ability to transform and rise again. The sun represents our health, vitality and dynamism. The sun is our strength and what we put our focus on. It is no surprise that it was the sun early people venerated then developed into the idea of a life-giving Creator. The sun is also the universal spark, called spirit, that enlivens the body. It is our strength. The sun is the desire to bring on the outside what exists on the inside. It is life made manifest. The sun says, more than any other planet, “I wish to live. I want to thrive.”

When the sun card presents itself in a spread, it adds an encouraging spin to any reading. The sun is all that is good. It is the positivity that trumps anything negative. This card says, “All eyes are on you. You

have the strength and power to get things done.” All things that are truly meaningful are starting to happen now. You are now in a place to lead and inspire.

It is through the sun’s inspiration and creativity that will enable you to make things materialize. This may be at the front of a group, or on a stage, or just in the way that you lead with confidence. The sun card gives an emphatic yes to your reading.

Another meaning behind this card is that the summer months are relevant. Summer may be when the wished for event occurs. Parties, events which emphasize creativity and fun, children and childlike adults all figure into the situation.

This card also implies an aptitude for acting, or just a period where dramatic ability and creative leadership could greatly benefit your mission.

You may find yourself singled out, perhaps in a dramatic situation, where you show your skills in some impromptu ways, such as giving a speech or teaching a class. It is also a time of generosity and laughter. The spotlight shines on your life. What you are doing now is being noticed. If you’re not used to this, you may react with aloofness. Avoid foolishness, immaturity and any lack of organization during this time or the matter could fall apart at the seams.

But all in all, this is a progressive, energetic card which foretells of prodigious things on the horizon. This card indicates that matters will be going your way, but leadership on your part will be necessary. It is time to act and take your place in the sun.

Sun Card in Brief: Leadership; reigning over the situation; showing majesty; being king or queen; royalty; being noble; being regal; a return to life; getting a second chance; resurrection; passionate love; good feelings; happiness; showing confidence; exhibiting grace; generosity; cats; summer months; tropical areas; parties; bonfires;

cookouts; the colors orange, red and gold; decadence, sometimes bad taste; the heart, the liver, and the upper spine; heartburn; dealing or working with children; censoring the inner child, except on special occasions; gaining favor; winning prizes or awards; finding your divinity; Buddhism; radiating wisdom and light; castles and grandiose homes; new furniture; being noticed; what is shining bright; allowing yourself to shine; gold metal; jewelry; mirrors; being willful; acting in your own interest; dignity and pride; conceit; being fair; having integrity; supporting the underdog.

Corresponding Tarot Card: The Sun

Key Ideas: Life force; power; influence; radiance; the heart chakra; stage presence; charisma.



MOON ♦ SOUL

All things must come to the soul from its roots, from where it is planted.

—Saint Teresa of Ávila



“What does your gut say?” the moon asks. This card is all about mystery, feeling and hidden messages. The moon

is receptive. It governs intuition and self-protection. Its placement by sign and house indicate those areas to which we are the most emotional or sensitive. The moon represents what is felt instinctively and what is at the core of our emotions.

In the astrological chart, the moon is our soul. It shows the intimate side of who we are. The moon represents security, the home we grew up in, and the need to hide away and recoup our energies.

It is the female principle that is darkly moist and yielding. So the moon can signify our relationship with our mothers, as well as pregnancy. It also signifies our grandmothers and even old age, so geriatric issues can arise when this card turns up.

Crowds belong to the moon, but also shyness, reticence and things that occur in darkness.

The moon shows how we respond emotionally and what we feel most deeply. Some believe the moon represents who we are in secret, and also memories from and who we were in past lives. The moon is our most innermost selves. About this matter, do not be shy. Allow yourself to shine.

This card indicates fluctuations in your life. The moon changes

signs every two and a half days, so twelve different moon combinations mean great variation. But the moon is the side we keep concealed. In a horoscope chart, when the moon has many aspects, or is the most elevated planet in the chart, it is considered to have a strong influence. The lunar influence can be indicative of future fame, governing the masses what is likely to be popular.

At this time, you may have trouble controlling your emotions and you may want to do things that are “safe.” You are very sensitive and you must gauge any feelings before entering a room or being with people you don’t know. You like working alone, but you are also dependent on how others are responding to you now. The arts and helping professions suit you. You would do well working with persons with mental or emotional problems, or anyone who needs counseling.

It is also a good time to rely upon your imagination and to pay attention to your dreams.

When this card turns up in a reading all is not as it seems because something is being obscured. You may feel you have lost your direction, or that you don’t have all of the information to go forward. There is much you are sensing, but you may be hesitant to act. It may look as if it is difficult to cut through the fog to get to the real truth of any situation.

Substance abuse issues may touch your life, not you necessarily, but certain energies or persons surrounding you.

After growing close to someone, the energy may feel smothering and restrictive. Insecurities may arise and there may be feelings of paranoia. We love our moon though, she makes us feel safe, so someone’s emotional clinginess may be an issue. After all, the moon tells us to hang on, oftentimes after we should have released things from our lives or just given up. But, “No,” the moon chimes in, “hang in there, you’ll win sooner or later.”

It’s important now not to accept any false pictures, or misapprehend

the truth. Like with the Neptune card, with the Moon card, deception is possible. Things are cloudy right now. It is a good time to open your mind to visions, as well as appreciating women's wisdom and intuition, finding your feminine side, and bringing out your visions and talents in a more public way.

As shy and tentative as the moon is, she still represents fame and crowds. When you think of the Moon card, think mystery, birth, tribes, unanswered questions, and sometimes sudden fame.

Someone from your past is about to reenter your life. Any romance that starts now may be strange, yet compelling and even familiar.

An important meeting for you may occur in the evening hours. Pay close attention to the energies that swirl around. It's a good time to rely upon your gut.

Moon Card in Brief: Nighttime; the soul; feelings; high emotions; sorrow; being moody; feeling restless; betrayal; protection; clandestine encounters in the evening; the tribe, the family tree; secret affairs; feeling adrift; wandering; never reaching any resolution; things that should have been dealt with years ago; situations where you feel shy or awkward; food; nourishment; fantasy; creative imagination; psychic visions; feeling distracted; cloudy thinking; finding closure; movement near or over waters; travels to foreign countries; arenas; crowds; conventions; female issues; women's mysteries; speculation; visions; spirits; ghosts; breasts; the abdomen; dishonesty; being spontaneous, living in the moment; the inner world; the child within; mother; grandparents; finding out who you truly are.

Corresponding Tarot Card: The High Priestess

Key Ideas: Dreams; the soul; the dark night of the soul; memory; the past; wisdom; shelter; deep love.