



8. SUPERNOVA

Something in you needs to be unleashed. This is not quiet and steady growth, but more like a wild explosion of creative energy and sacred fire. The sparks your rapid growth will create shall ignite your body, mind and soul, inspiring you to expand even beyond what you believe is possible. Your light will shine far and wide. You cannot control it, but you can trust it.

A rocket is capable of travelling far and with great power and speed, before settling into an effortless orbit far beyond the world in which it began its journey. To launch, however, requires power. A quiet and contained power is not appropriate for the task. A raw and explosive force is needed to propel the rocket from the known world of earth towards its destined orbit in space.

The oracle of *Supernova* indicates a time of rapid growth so accelerated and powerful that it can feel like an explosion, as if you were the rocket being launched into space. It tends to be of high intensity but short duration. Whilst this is a positive thing, it can cause shockwaves and disrupting patterns and create feelings of instability, and even uncertainty, as your world starts to change in ways you don't feel are within your personal control. You may feel like there is a powerful momentum moving you out of what your life has been, towards some new, unknown destiny.

As it moves from the dramatic force of the launch towards the eventual peace of an effortless orbit, the rocket will jettison the very thing needed to get the journey started. This isn't about disposing of the essentials, the people and things that really mean something to your heart, but rather about letting go of old attitudes, ideas, ways of being and attachments, to allow for utter freedom to ascend. After the

intensity of the birth, the effortlessness of your orbit into a new world will require a different attitude.

What you needed to begin your journey, to start a new venture or lifestyle, will be different to what is required to continue on your life journey. You need to trust in what is happening at all points on your journey. Don't hold on to a support system, belief system or way of being out of fear. Sometimes it's just time to let it go because it's not relevant for your journey anymore. If you try to hold on, you will actually just be holding yourself back.

When the time comes to let go, you'll feel it. People or situations will not be able to reach you, or you them, even if you are making an effort to try and stay connected. Previous support systems and connections won't be able to support you anymore on the next steps of your journey. It's like they are training wheels that are no longer needed. They would just get in the way. So you have gratitude for what was, and with love, you let it go.

The oracle of *Supernova* reminds you that after the intensity of the birth, there is another birth of sorts: the settling into a new pattern of life at a higher altitude, with more peace, effortlessness and consciousness. Each phase happens naturally and you'll feel when and how to respond to each phase in your life as you trust yourself.

HEALING TRICK

To help you take the wisdom offered and put it to best use in your life now, do this healing trick to clear obstacles to putting this guidance into place.

Play or make some music that feels full of energy. You might want to clap your hands, dance, sing and bang pots or pans along with the music that flows. Let it be as noisy, alive and free as it can be.

When you feel you've had enough of that, become quiet and rest. Close your eyes.

Visualise, imagine, feel or pretend that as you relax, you are one with the whole universe. You are vast and black and filled with stars. Inside

you there is a beautiful star exploding into light. It is far away, and yet it creates so much light that for several moments, the entire universe is filled with light. Just watch it happen.

When you are ready, say:

“My supernova soul expands into brilliant life. I surrender completely and allow the loving hand of the universe to hold me safe during my rapid expansion into the next phase of my divine destiny. I relax into the process and all unfolds beautifully.”

You have finished your healing trick.

AFFIRMATION

Say the following affirmation aloud to boost the power of this message and to integrate it into your body, mind and soul. You can say it morning and/or evening for a few days or even a few months, or just at the end of your healing trick.

“Love erupts through me in an explosive wave of sound and light. Peace is created as the way is cleared for my true and immediate success.”

Card artwork: “Ginger Nova” by Gracjana Zielinska



9. GO FISH!

Sometimes, what you want is right in front of your nose, just waiting to be recognised. At other times, what you want is more like a treasure hidden within the depths of your oceanic being. You have to go diving deep to find what you desire. What you most want, need, desire and crave has been bubbling up from within you. It is rising up from the depths of you now. It's time

for you to discover an inner treasure. It's time to go fish!

You are an ocean of consciousness, deep and vast, and filled with so much creativity, energy and healing power. Did you know this about yourself? Even if you did, you are about to discover that there is more to you than you realise.

Within those hidden depths, there is magnificent undiscovered magic which wants to come alive in your world. There's something truly wonderful wanting to capture your attention. It wants to be caught! So much so, it's practically jumping out of your inner ocean, like a flying fish, wanting your attention and a place in your world.

The oracle of *Go Fish!* says that there are powers, abilities, gifts and new ways of being surging up from your unconscious mind. You are bringing forth more of who you are, but it is the 'you' that you haven't really known existed before. So at times it's going to be surprising, exciting or even a little uncomfortable, as you get used to the extra energy stirring up from within.

If you or something in your life has been lacking in energy, becoming stuck or blocked in some way, then this oracle indicates that new creative energy is becoming available to you and is going to get things moving in the right direction. How can you go fish? Art, dance, music, meditation, being in or near water, going to an aquarium, expressing yourself

creatively in any way will help you catch the fish from your inner ocean that will feed your body, mind and soul with all you need to become the gloriously vibrant, boldly colourful being you are destined to be.

HEALING TRICK

To help you take the wisdom offered and put it to best use in your life now, do this healing trick to clear obstacles to putting this guidance into place. Place one hand over your heart and one hand over your belly. Breathe in and out and relax for several moments, perhaps even closing your eyes whilst you do so.

Then say the following chant three times aloud:

“Deeper than the deep blue sea,
The ocean of love inside of me
Has endless magic and creativity.

So now I go fish!

The universe blesses my wish
For me to become all I can be!”

Gaze at the image on the oracle card and imagine, visualise, feel or pretend that each fish is the answer to a problem in your life, coming to the surface now.

Say: “Here fishy, fishy! Bring luck, love and fortune to me!”

Make some fishy faces, puckering your mouth into an ‘O’ shape. Then have a giggle. You have finished your healing trick.

AFFIRMATION

Say the following affirmation aloud to boost the power of this message and to integrate it into your body, mind and soul. You can say it morning and/or evening for a few days or even a few months, or just at the end of your healing trick.

“Treasures once hidden are now revealed
And every part of my life is effortlessly healed.”

Card artwork: “Fishwave” by Gracjana Zielinska



10. RAI RAI RAI

Have you had enough of the dark side of life? Fear, doubt, uncertainty, anxiety, frustration and believing that you cannot manifest your dreams are signs you've been in the darkness too long. It's your time to step out of the darkness and into the light.

It takes a lot of courage to leave darkness behind and embrace the light. To step into the light means that you give up attachment to drama, the stories of suffering and the pain of the past. You don't deny your struggles or your pain, but you know it is possible to let it go in favour of trust, reassurance, comfort and commitment to what holds meaning for you, again and again and again, for as often as needs be until you are free.

Sometimes the courage of stepping into the light means a willingness to set aside the mental anguish and say, "Today, I just choose to trust that everything is going to work out according to a higher and unconditionally-loving divine plan that has my best interests at heart." It means that you acknowledge what you have gone through without needing to keep score. It means that you are willing to pay more attention to what is happening in this moment, and to believe wholeheartedly that the universe is working with you and for you, not against you.

Like the sun cracking through the night to bring the dawn of a new day, the oracle of *Ra! Ra! Ra!* is your divine wake-up call. Your dark days are numbered and your time in the divine spotlight is upon you. Be willing to shine your light, even if no-one else around you seems to understand, acknowledge or recognise it at first, or even for a long time! You are brave enough to shine true with or without others holding your hand and encouraging you.

Maybe others need to find their way to you, so they can help you

or be helped by your light. For that to happen, you are going to need to stand in the dark and shine with trust, patience and courage. If you've been in the dark, so to speak, for a while, you might find it hard to trust in the light at first. You might worry that the goodness won't last and that it's better to be pessimistic now than disappointed later. Those are tricks of darkness. Don't believe in them. Trust in the power of light within you and don't be afraid to let it shine bright.

HEALING TRICK

To help you take the wisdom offered and put it to best use in your life now, do this healing trick to clear obstacles to putting this guidance into place.

Place one hand over your heart. Breathe in and out and relax for several moments.

Then say the following aloud:

"I call on the light of unconditional love. You fill me up and surround me in a protective field of divine energy, healing, grace, mercy, assistance and protection in all ways. Thank you."

Gaze at the image on the oracle card and notice the orb of white light atop the goddess's crown. Imagine, visualise, feel or pretend that you have such an orb of light hovering above your head now too. It shines upon you, a glowing white sun. It feels so good, shining beautiful soft white light all around you now.

Say aloud:

"The protective, healing power of light is with me now. Anything not of unconditional love must now leave my body, mind, soul and spirit. I place my trust in the light, leaving behind once and for all the darkness of night. Through my own free will and divine authority, so be it."

You are now going to pretend that you are the most spiritually-enlightened cheerleader ever. You have two imaginary pompoms that shine like suns, one in each hand. You are going to do a cheer for the ancient deity of the sun, known as Ra. This cheer is to call in the light.

Do your chant, "Ra! Ra! Ra!" whilst you wave your pompoms in the

air. You are calling in a brand new era of light, the relief of suffering, for you and all beings.

You have finished your healing trick.

AFFIRMATION

Say the following affirmation aloud to boost the power of this message and to integrate it into your body, mind and soul. You can say it morning and/or evening for a few days or even a few months, or just at the end of your healing trick.

“Light infuses all parts of me and my life with loving power, protection and peace. Ra! Ra! Ra!”

Card artwork: “Cleopatra” by Gracjana Zielinska

