

Old in Rosamond's
Bower,
With its peacock hedges
of yew,
One could never find
the flower
Unless one was given
the clue ;
So take the key of the
wicket,
Who would follow my
fancy free ,
By formal knot and
clipt thicket ,
And smooth green
sward so fair to see .





This Journal of
Enchantment
belongs to





Faery

A JOURNAL OF ENCHANTMENT

Welcome to a faery ring, a magickal world between the worlds, your own enchanted journal. When you begin to write within these pages, something remarkable will begin to take place. With every stroke of the pen, you will be opening the doors between the worlds. With every word you write, you will be welcomed deeper and deeper into the blessed realm of Faerie—a land of legend, of myth, of faraway stone circles, forests, and castles of ancient lands. Yet in truth, the faery world is as close to you as the nearest plant, stone, tree, or field of flowers—or indeed, this very journal you now hold between your hands.

For the faeries are with every living creature, and are of each of the elements. They have been here since before time began, and are of the celestial and terrestrial spheres. They are known by many names: the Tylweth Teg, the Tuatha dé Danann, the Menahune, the devas, the djinn, the Seelie and Unseelie courts, the good folk, the sidhe—and many rumours and lies have been told of their powers and their intentions by those who envied them their ability to make the green world spring to life, to cleanse the waterways, to nurture and heal the animals, to love, dance, and heal the humans. And so we humans have distanced ourselves from them, feeling they are creatures of storybooks and fancy, or dangerous and untrustworthy. But the truth is they are as real as the natural world—beings of natural harmony, creativity, protection, growth, magick, love, and laughter.

The realm of Faerie has bright gifts to offer every living being. When you explore their magick and reclaim their gifts within this Journal of Enchantment, you will become more grounded, sensual, powerful, compassionate, clear, psychic, and in communion and harmony with all creation!

Do you wish to discover more? To fully enter the world of Faerie? To be offered their blessings, their magickal gifts?

Then all you need to do is write—and let all the wonder within you begin to live upon the page.

Do not worry about “what” to write, or “how” to write it down. This is a journal for enchanted explorations—and if you ever feel stuck, just ask the faeries for their assistance. Faeries can capture the imagination, inspire us to live lives where our intent and our actions are clear and strong, and help us to bring sensuality, power, and compassion into our lives. And they love helping us to explore our true selves and our creativity—just as they have been helping writers and magickal folk for thousands of years. They wish to help you, too, explore your dreams and visions through this journal.

The faeries work such bright magick—and through writing and exploring in this enchanted journal, you will learn how to create, direct, and channel this beautiful energy safely, responsibly, powerfully into your everyday life.

Be still ... breathe. Let the chatter of the mind grow faint, then quiet, and soft. Make room for the fae to enter... And begin to look about you with the eyes of the faeries. Feel with the heart of the faeries. Know with the wisdom of the faeries. And let the part of you that is pure magick begin to be expressed with their help, in these most magickal pages.

They say in the old tales that if we do not believe in faeries, they die. But I do not believe this. If we do not believe in faeries, it is not that they perish ... but that a part of our soul dies and fades away, and the magick of life stays just out of reach, when it would often help us most....

For most of us, modern life does not always offer us imagination and beauty. It often encourages us to be productive and sensible and staid and sure, and sometimes it seems to ask us to dull all of our intuitive gifts. This is where this journal, and the faeries, can come in. Because here, in your own Journal of Enchantment, you will not be encouraged to be those things. Oh, no! Within this space, you can be as wild, and delightful, and full of daring, whimsy, and imagination as you wish. You can take flight, and dance, and grow your wings, wear the faery crown, and watch sparks fly from your faery wand, right here, within this Journal of Enchantment.

You see, faeries are real, and we can learn how to see them, feel their power, heal with them, and create a wonderful life by learning the secrets of working with the beautiful energy of these nature spirits and guardians! These powerful natural beings have been on the planet since the earth was born, and have been

working with we humans for a very long time. Now we are at a turning point in our relationship—the closer we get to fae-reality, the more in touch we shall be with our own true nature, and to this beautiful planet!

For thousands of years, humans and faeries have lived alongside each other, sometimes harmoniously, sometimes in great fear and mistrust. In these times of magickal change and energetic evolution, it is more important than ever before to connect with our faery kith and kin! For from them we can discover the secrets to laughter, love, and living long healthy lives overflowing with purpose and joy.

This journal contains many blessings direct from the realm of Faerie, inspirational offerings of poetry and beauty from creative beings who saw and believed in the magick of faeries. I know their words will bring you enjoyment, enrichment and enchantment.

There are also many offerings from my own journals of enchantment—musings and thoughts from my own adventures within Faerie, and they are included here to support your own adventures into this most wondrous of realms, most magickal of paths.

Make this book your very own faery ring, a circle of bright magick, a kind of doorway into the faery realm. This is truly your very own Journal of Enchantment—the most important, most magickal words within it will be those you will place upon the page. This is the book of your thoughts and explorations, and your questions to the faeries. I know that by having one safe and magickal place to explore the wonders of Faerie, you can begin to reawaken the powers that I know lie deep within you, sweet human child.

You may wish to sketch your visions, or write a faery poem, or record dreams and wonders within these pages. You could explore your own relationship with nature, and add within each page a moment of faery magick that takes place for you each day. Let this be a faery ring, a safe and sacred place between the worlds where you record all the sweet moments that bring us back to Faerie—the spark of light from a tree, the whispers of beguiling voices, the soft chimes of faery bells, the moments when time changes and the world becomes fully alive and magickal and full of wonder once again. Never dismiss those moments.

In our modern world, we have become very enslaved to the consciousness of logic and rational thinking. Therefore, over time, we have slowly forgotten how to connect and tune in to Faerie. But we can all return, because the wonder of being alive, the connection to magick, lives deep within us, simply awaiting

some time and some space and some attention. With time to daydream, to meander, to wander, to wonder, the magick is reignited and the world changes for us in wonderful ways.

So this journal is a place to begin on a most marvellous adventure—your own journey into the deep and wild wisdom of the faeries. Even if your days are spent far from a faery forest, and life is demanding and full of the mundane, this enchanted journal will provide you with a place of true magick and delight, where you can not so much escape from the real world, but return to what is most real and most necessary—the magick and wonder of being alive.

Let the words awaken your own wisdom. Let the beauty of the images awaken your imagination. Whisper the words out loud—like a prayer. They can open the doors between the worlds, and before long, your dreams, your imagination, your life force, your creativity, your heart, your wondrous, shining soul will be returned to its true state of enchantment and wonder.

May you rediscover your magick, and the faery within you, dear friend.

May you believe.

Jucy Cavendish



