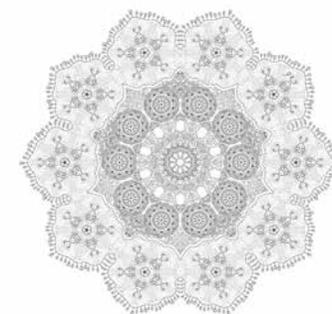






THIS JOURNAL BELONGS TO



INTRODUCTION

KUAN YIN is the beautiful sacred rebel of the East. A bodhisattva of the Tibetan tradition, she loves all of humanity and reaches out to offer healing, guidance, compassion and unconditional divine love to help every heart become free from fear and open to love. True spiritual masters offer unconditional love. This means they do not judge or deny you based on your history or your religious choices. They simply reach out to you to bring peace, comfort and encouragement on your life path.

One of the most beautiful demonstrations of the unconditionality of divine love comes through in a story shared by a Frenchman who was travelling in China. He became separated from his tour group at the onset of a dangerous snow storm. He didn't know what to do and in a moment of fear, he prayed to his beloved Mother Mary for her intervention. In the sky, he saw a petite Asian woman in what he thought were long silk pyjamas, pointing in a particular direction. He followed her guiding hand and soon found a cave in which to rest and be protected from the storm overnight.

The next morning, he arose to find the storm had passed and he was safe to venture out and search for his group. When he looked at the cave in the light of day, he was stunned to see how exposed it was. It looked far too open to have been the comfortable haven he had been so grateful for during the storm. He spotted a village within walking distance and to his delight, he found his tour group there. He also found paintings of the woman he had seen in the sky after his prayers. He asked who she was and the villagers told him it was Kuan Yin.

There's much to love about this story. There is the practice of faith and the miraculous appearance of a comfortable shelter that later appeared to be inadequate for the task it had performed. And then, there is the demonstration of how the Divine Mother expresses her compassion through a 'network' of holy ones to bring aid in the best and quickest way possible for all those that seek help – regardless of what their culture, beliefs or traditions may be.

You don't have to be in dire straits to call on the Divine Mother in any of her unconditionally loving expressions such as Kuan Yin. She will help you in the smallest moments of indecision and with the greatest choices or challenges you face on your life journey. She does this because the Divine loves you and wants to help

you to successfully navigate and create your life journey so as you may experience all the blessings meant for you.

You can write to Kuan Yin in this journal, you can connect with her using one of the oracle decks I have created in her honour (*Kuan Yin Oracle* and *Wild Kuan Yin Oracle*) and you can reach out to her in prayer. You can also use the mantra, "Om Mani Padme Hum." This mantra or ancient spoken prayer empowers us to open our souls to an unconditionally loving and generous spiritual grace. Pronounce this mantra as, "om man-ee pad-may hum." However, the intention you speak the mantra with is more important than your pronunciation. Getting the words to sound right is helpful, but not essential for the prayer to work its divine love in your life.

Kuan Yin is now reaching out to you. She has heard your heart. She brings you comfort and a message to trust that she is already working with you to bring healing and grace into your world.

One of her most empowering messages is to let go of striving and forcing, and simply trust your intention is powerful enough to set your Universe in motion! Your heart-felt prayer and desire is enough. Allow yourself to be moved, inspired, and trust that the Universe knows what it's doing. Do what you can in whatever situation you find yourself in. Don't fight or resist it. Be graceful and surrender into it. No matter what it looks like, you are being led to your higher destiny and you don't have to worry about the details. The Divine Mother, Kuan Yin, is an intuitive, attentive and intelligent spiritual tour guide, helping you avoid pitfalls and hidden traps, and directing you along the most beautiful scenic route. In true Kuan Yin style, this also happens to be the most efficient and effective way to manifest your heart's desire.

When you trust in the Universe – and the Divine Mother – in this way, you are allowing a great and benevolent creative power to amplify what is in your heart, to attract what you need and to show you possibilities even more beautiful than what you can currently imagine.

Kuan Yin was always breaking rules and getting into trouble during her lifetime. She shows us that sometimes you must break free and be true, even if it means taking risks. The chances that she took led her to some dark places, but through those experiences, she learned how to love more. She also had the opportunity to practise her particular spiritual power: radical forgiveness. In doing so she became completely free from karma and thus experienced spiritual illumination and absolute freedom. She loves humanity so much that she chose to stay connected to the earth to help all in need until there is no more suffering on the planet. This is the depth of this great spiritual master's devotion, love and compassion.

Kuan Yin helps us learn about the true power of forgiveness in very practical,

