



## 1. *Wild and Free*

### IN A READING

This is an important time in your life, when you are being guided to lead from your heart. Even if it makes no sense to you or anyone else – or if your mind screams at you with fear and doubt – don't ignore what your heart is telling you. Give yourself the time and space that you need, away

from the noise and demands of the world and other people, so that the quiet, sure voice of your heart can be heard. Then take courage and act on what you feel. Your heart is wise and worthy of your trust.

### SPIRITUAL GUIDANCE

Your heart was never meant to be tamed. It is always truthful. When you allow yourself to be true to your heart, it will show you how to create a beautiful contribution to this world that fills you up with joy and peace. You don't need to be ashamed of what you feel or be persuaded that you should feel differently. Your heart has a wisdom beyond the logic of the mind. It has its own creative genius, a unique way to reframe problems, attract solutions and empower us to bring our dreams to life. Some may be afraid of the wild freedom of the heart. You are not one of those people. Your mind may not always understand why your heart feels and guides you the way it does, but that is OK. Reassure your mind that your heart can show you how to live in a way that is amazing – and that it's safe to trust in that. You are a wild child of the Universe, and your heart is showing you the way to fulfil your divine destiny. Give yourself permission to live a life that makes your heart happy. The world needs your joy.

## SACRED RITUAL

Place your hand on your heart. Say to your heart, “My heart, you are wild and free. I trust you to guide me. You know what is right for me, and what is not meant to be. You are honest and wise. I love you.” Take a deep breath and then imagine that you can breathe out through the front and back of your heart, now. Be gentle and relaxed. This allows your heart to let go of pain, doubt or insecurity and remember that it is wild and free.

---



## 2. *Divine Bad Ass*

### IN A READING

You may feel under pressure to conform – maybe to someone else’s opinions or even to your own previous plans or ideas. Don’t give your power to make choices away to another, whether that is the choice of what to believe or how to behave. Don’t give away your power to the past if it will take you away from what you know is true now. Even if it seems to be more difficult in the short term, trust that living what you know is true and right for you is the only way that you can gain the happiness and fulfilment that you want and deserve.

### SPIRITUAL GUIDANCE

You are a beautiful, divine rebel, a soul stirrer, one who rattles cages and rocks boats in the name of truth, love and wisdom. You believe that we need to create a world that takes care of all beings. You won’t be talked out of what you know is true, deep in your soul. You refuse

to be put down or manipulated by anyone! You won't let fear – yours or anyone else's – control you. You rebel against belief systems that would put doubt in your mind and fear in your heart. You are your own person, and you know that trying to fit in is only for those who are afraid to stand out. You don't insult yourself by trying to be anyone other than your true self. You know that you don't need to be like anyone else. You are amazing and valuable, just as you are. You can inspire others to overcome their fears, just by believing in the truth of your heart and going after what you want with passion and confidence. You are a bad ass, in a good way.

### SACRED RITUAL

Time to shake what the Divine Mother gave you! Let your body move freely, with joy and delight. As you shake, shimmy, strut and spin, know that you are shaking off any negativity, jealousy, disappointment or betrayal. You are clearing your energy, becoming fresh and ready to be you once again, completely, defiantly, joyfully.

---



### 3. *Gypsy*

#### IN A READING

You are encouraged to say yes to new opportunities and adventures, ideas and connections. Especially the ones that fill your heart with a sense of excitement (perhaps just before your mind begins to dwell on doubts and concerns, trying to talk you out of something before you even give it a chance). You can handle the unfamiliar better than most.

Once you get your bearings, you'll find a way to thrive, to enjoy what you discover and experience. Let the yearning of your soul to explore the new and exciting inspire you. The unfamiliar and the unknown hold great blessings for you. Open yourself up to new horizons.

### SPIRITUAL GUIDANCE

There's wanderlust in your soul, that heart-quest for new worlds and amazing experiences. You are supposed to feel this way. You have a gypsy soul that will always seek out something new and different. This is just how your life is meant to be, a divine adventure. And there is an adventure that is meant just for you: places to see, people to meet, experiences to have. You are meant to go on a journey, inside of yourself and out in the world. You are meant to explore a world bigger than the one you currently know. It is going to happen. Trust in divine timing. Be open to what life has in store for you. Maybe you are a little afraid and wonder if you are brave enough. (Quick answer – you are brave enough, and then some). Maybe you worry that you have missed your chance, but you cannot miss your destiny. It is right here waiting for you, and your gypsy soul is going to grow and fulfil even more of the purpose for which you were born.

### SACRED RITUAL

Find a place where you can stand comfortably. Say aloud, "Through unconditional love, I give the Universe permission to guide me on a divine adventure. I trust the gypsy in my heart, which urges me to explore the new and unfamiliar and to make the entire world my home. I am curious and open, and I trust that I will be looked after as I take my soul journey." Then open your arms wide, as if you are embracing your future, the adventures that are meant for you and all the beautiful blessings that life will bring to you – for now you are open, ready and willing to receive. Gently scoop up all those good things and accept them into your heart.