



## 22. CRYSTAL KEYS

**Hidden wisdom codes, potent information, Lemurian seed crystals, seeing your triggers as a gift, awareness of drama-creating patterns, healing the earth by looking at your inner environment, healing through awareness.**

Lemurian quartz crystals are special pieces of clear quartz with indented ridges running across them. They are known as seed crystals because they are said to have been found individually, buried in sand and earth, rather than attached to a larger cluster the way most crystals are. Aware of their oncoming destruction, the Lemurians imbued information about how to avoid a similar catastrophe on crystals and buried them. The ridges on the crystals are believed to be Lemurian inscriptions. These crystals are reappearing now as this knowledge is again relevant.

This card is about deciphering wisdom codes. We may wonder how to access information regarding our spiritual growth as we navigate our everyday reality. This wisdom comes through inner paradoxes, when we are truly present, awed, in creative flow or a state of surrender. It may come as riddles and in the most unlikely places. Zen Buddhism taps into this using koans, paradoxical statements the mind cannot fathom, to bypass traditional understanding and allow spiritual epiphany and a deeper knowledge of the soul to surface.

Key wisdom codes can come to us when we are triggered. They are accessible in those moments when everything becomes more emotional, dramatic or painful than it needs to be. Here, when light shines on our shadow, we are graced with significant

insight into places we can grow and evolve from, although it might take courage and a healthy dose of self-awareness to embrace the wisdom of those moments. It's amazing how much energy, freedom and expansion comes as a result of deciphering these bubbles of information, tailored especially for us. Sometimes insight is so perfectly constructed within a scenario that it gets right into our most tender spots for the perfect healing.

These are potent codes as all personal power struggles and ego problems affect the bigger picture of how the world operates. Our shadows are unresolved wisdom codes. Avoidance makes them spiral out to aid in the construction of a world we don't actually want, both individually and collectively. When we see this information as the gift that it is, we can cultivate presence and begin to see between the lines of our inner workings. The world needs as much light as possible, so we do not have a repeat of what happened in Lemuria. Let's allow ourselves to see our shadows as an opportunity to bring more light into our being and heal the world from these dark foundations.

### **Divinatory Meaning**

Be inspired to find the wisdom hidden in those times when you feel triggered. There is so much information within our raw and intense reactions that when you choose to be present with what is coming up and peel back the layers, great spiritual insight will unveil itself in a way tailored just for you. If we could all learn to see our triggers in the bigger picture, so much confrontation and upset would be lessened, power struggles and fear would diminish, and we would see greater compassion across the planet. Perspective and misunderstanding would shift, and the way people want to be loved would be experienced without distortion. These are the seeds for peace on Earth.



## 23. ENDLESS OPPORTUNITIES

**Decision-making, choice, crossroads, unrealised opportunities, taking the path of least resistance, heart over mind, direction, focused energy, the high road or the low road.**

Decisions, decisions, options and opportunities. It's wonderful that we have the freedom to choose. But, times of indecision can be so hard and almost suffocating. The more we use our minds to battle the pros and cons, the more we move out of our hearts. Often the best way forward is to step back and do what it takes to get out of your head and into your body so your 'gut feeling' can guide the way.

When making a choice, you may consider anything that doesn't feel like a total yes as a total no. Perhaps none of the apparent options are right? Or, any choice could be the right one, if you wholeheartedly pick a direction and give it your best shot. When faced with a decision, check where your integrity lies. Peel back the layers to see where you are making your choices from. Are you choosing from fear-based survival or a place of love?

A choice founded in love can make you feel light, excited, passionate and give you butterflies. It might be a little scary, but in a good way. It might not make sense to your mind. It may seem out of your comfort zone or undermine logic. The low road can look like the safest, easiest path. It may avoid or lessen immediate pain and confrontation, but it will be long, winding and exhausting. The high road might look perturbing, but it will

cut through old stories and lead directly to the heart for growth and transformation.

When you choose to step forward boldly, it takes courage, but you will discover a place of trust. Rather than staying small, hiding or running away, you will expand and open yourself to growth. This is where magic happens and synchronicities you could never have imagined land in your lap. But first, you have to step into the unknown and let your heart guide you.

What if everything you wanted was right there in front of you? Make the important decision to let go of outdated limitations. What could be the worst that happens? Reach for what you want and know it is closer than you realise.

### **Divinatory Meaning**

You have options and opportunities you may not have realised. The Universe wants to give you what you want. It's all there, so reach out and wholeheartedly choose it. While you sit on the fence, your experiences are diluted or confusing. We live in a time of choices. Sometimes reason and limitation direct are choices, and we feel unfulfilled as a result. Choose life from a place of heart, compassion, and integrity, and you can't go wrong.