



# 1. MEANT FOR YOU

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*You've voiced your intent, setting in motion a natural creative process. What you want has been summoned forth and is now headed your way. Don't hesitate, refuse to receive, or pass this gift on to another. It is meant for you. Grab it! Within this new opportunity is exactly what you have been waiting for ... what you have been wanting to create, what truly makes your heart sing.*

What is rightfully yours is – or very soon will be – right in front of you. Caught up in a spiralling wave of new beginnings, it is the time to reach out and grab what is headed your way. Opportunity is the universe believing in you. Return the compliment by accepting what is being offered with open arms and a trusting heart. You'll be glad you did.

Don't worry if this opportunity seems to be leading you down a different path to what you expected. All paths lead us to where we need to be. Sometimes the universe just has a better idea of what will get us to our destination at the perfect time, and along the pathway that will be of most benefit to all. Trust what is happening. Accept that you deserve good things to happen to you, and don't be shy. Now is your time to step up, open your mouth (and your arms) and say, "Thank you! I accept!"

## HEALING TRICK

To help you take the wisdom offered and put it to best use in your life now, do this healing trick to clear obstacles to putting this guidance into place.

Stand upright with your legs hip width apart. Raise your arms in the

air, above your head, open wide. Look up and imagine that the universe is watching and listening to you.

Give the universe a big grin and a wink.

Then say this aloud to the universe:

“To everything that is in my heart, and all that can help me manifest my destiny with the greatest joy, I say: Yes! Yes! Yes!”

You’ve completed your healing trick.

### **AFFIRMATION**

Say the following affirmation aloud to boost the power of this message and to integrate it into your body, mind and soul. You can say it morning and/or evening for a few days, or even for a few months if that feels right for you, or just at the end of your healing trick.

“The universe believes in me. I believe in me. I create, accept and enjoy opportunities that enliven my spirit and make my heart sing.”

*Card artwork: “Melody Within” by Lunar Sparks*



## 2. OUT OF DARKNESS

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*Something that has been troubling you, something dark within you or in your life, is about to become something else. You won't see it coming, but when the time is right (and it soon will be), out of darkness will come new life.*

A seed of new life is growing. Perhaps you cannot see it or feel it because the seed begins its journey to new life in the darkness, hidden, away from sight and away from light. This seed is destined to bring new life to a situation that might seem to be dying, a fresh perspective to a stale problem.

When the time is right – and that is fast approaching – the seed will push through, rise up and reveal itself. It will no longer be just a seed, but a shoot that will grow into a plant and can then flower and bear fruit. It is not a question of whether or not it is going to happen. It is going to happen. It is just a matter of time.

Whatever struggle or challenge is in your life or your heart right now, trust that it is going to work out. Not only that, but the very thing that seems to be darkest in your life, the most troublesome, is actually going to be what brings forth a beautiful gift of new life.

In a strange way, it is actually trying to help you. It is assisting you in being ready to receive and experience new life, for something new to be born in you and in your life. This might be the realisation of your own inner strength, your courage, the development of belief in yourself, confidence to trust your instincts or some other gift yet to be understood.

In time, you'll see that those gifts – developed in order to get through

the darkness – helped you step out of the darkness and into a whole new life. Soon you'll see there was an opportunity and even a blessing hiding in the troubles of your past, just waiting for the right time to transform itself into light and life.

## HEALING TRICK

To help you take the wisdom offered and put it to best use in your life now, do this healing trick to clear obstacles to putting this guidance into place.

Crouch down in a little ball or lie down, curled up, as small as you can be.

Say aloud: “The seed starts very small and in darkness.”

Then as slowly as you can, allow your spine to straighten as you uncurl yourself. Eventually you will rise up to standing, legs straight and arms open, head up, shoulders back, chest feeling open rather than concave.

You will say aloud:

“The seed grows into a strong, healthy plant! It brings forth new life in perfect time, and in the perfect way.”

Still standing up, place one hand on your heart and say aloud:

“I am loved and protected by the universe. As the darkness holds the seed of new life safe, until the moment for birth is upon it, new life rises up through me. I rise! I rise! I rise!”

You have completed your healing trick.

## AFFIRMATION

Say the following affirmation aloud to boost the power of this message and to integrate it into your body, mind and soul. You can say it morning and/or evening for a few days, or even for a few months if that feels right for you, or just at the end of your healing trick.

“At the perfect time, and in the perfect way, I conquer all with love and life! I rise! I rise! I rise!”

*Card artwork: “Cransver” by Nell Fallcard*